

Nutritional Medicine Course

Presented by

-Dr. Igor Tabrizian- MBBS



Dr Igor Tabrizian completed medical school at the University of Western Australia in 1982. In 1999 he began to practice solely in Nutritional Medicine and now runs a successful Nutritional Medicine clinic in Perth's southern suburb Bicton. Dr Tabrizian has been involved in training doctors in his Nutritional Medicine specialty. He lectures regularly around Australia to healthcare practitioners and has become well known for his success in detoxification and heavy metal chelation strategies.

Join renowned clinician Dr Igor Tabrizian to learn biochemical origins of illness and symptoms, to understand mechanisms of disease, and how to effectively utilise nutritional medicine in your clinic, to improve the health and well-being of your patients

Day 1

Day one provides an overview of Diagnostic Orthomolecular Medicine and details analysis of trace elements, the amino acids, and cholesterol metabolism. It also covers channelopathies, functional deficiencies and the importance of digestion in health and disease.

9:00-10:30am	Introduction to Diagnostic Orthomolecular Medicine: digestion & amino acids
11:00-12:30pm	Major minerals: calcium, magnesium, sodium & potassium
1:30-3:00pm	Trace elements: zinc, copper, molybdenum, selenium, manganese & iron
3:30-5:00pm	Iodine and key vitamins (B's, C & D)

Day 2

Day two looks at how to read a tissue mineral analysis (hair), with the view to solving clinical problems such as fatigue, diabetes, depression and other conditions. Hormone regulation and interactions will be featured and day two will also cover detoxification strategies for improved well-being of patients.

9:00-10:30am	Acid-Base balance
11:00-12:30pm	Hormone integration and hormone/mineral interaction
1:30-3:00pm	How to read a hair mineral analysis
3:30-5:00pm	Toxins detoxification methods

Limited workshop numbers

Book now! Call toll free 1800 077 113

Location	Date	Time	Venue
Brisbane	23 rd & 24 th Oct 2010	9.00am – 5.00pm	Novotel Brisbane Airport, 6-8 The Circuit, Brisbane Airport QLD 4007
Sydney	6 th & 7 th November 2010	9.00am – 5.00pm	Mercure Sydney, 818-820 George Street, Sydney NSW 2000
Melbourne	27 th & 28 th November 2010	9.00am – 5.00pm	Novotel Melbourne on Collins, 270 Collins Street, Melbourne VIC 3000

PROFESSIONAL DEVELOPMENT – OCT - NOV 2010

